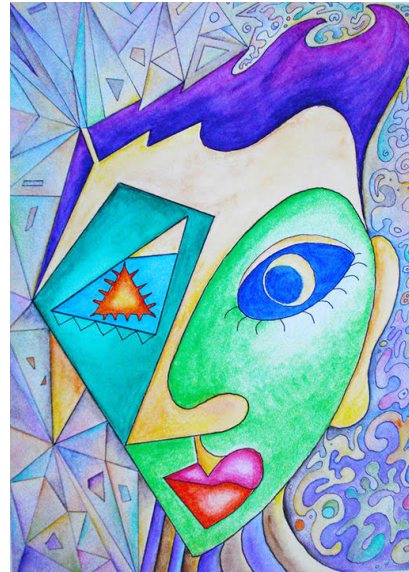


My name is Allan Vernon Keech. I am 69, born in England, moved to the USA in 1976, and have lived in SF & NYC. After almost 30 years in NY working in the field of fashion, my partner and I retired early and moved to rural, southern Va. We spend much time in Durham and look forward to living there permanently.

I started watercolor painting about 9 years ago; I am teaching myself, learning everyday and enjoy expressing myself with paint. My subject matter is extremely varied as is my style. I enjoy the adventure of trying something new and to make people feel good when they see my work.

Here are two of my paintings ..... Docker and Sun/moon face.



Apart from painting, I enjoy walking, yoga, nature, a good movie, and being inventive/creative. I look forward to our woodworking and craft venues to expand my expression.

I am a vegetarian raw-food person. I don't eat anything that has not been produced by the sun. Animal and human derived products are no-go for me. The most cooked food I would eat is lightly steamed vegetables. I am of the belief that cooking food destroys natural enzymes.

I am a lover of beauty in all its forms and try my best to be the ultimate me. This is one of my looks, this time with beard.

